

## EMOTIONS LIST

### A

- abhorrent
- acceptance
- admiration
- adoration
- affection
- afraid
- agitation
- agony
- aggressive
- alarmed
- alienation
- amazement
- ambivalence
- amusement
- anger
- anguish
- annoyed
- anticipating
- anxious
- apathy
- apprehension
- argumentative
- arrogant
- ashamed
- assertive
- astonished
- attentive
- attraction
- aversion
- awe

### B

- baffled
- bewildered
- bitter
- bittersweetness

- bliss
- bored
- brazen
- brooding

### C

- calm
- carefree
- careless
- caring
- charitable
- cheeky
- cheerful
- claustrophobic
- coercive
- comfortable
- compassion
- confident
- confused
- contemptuous
- content
- courageous
- cowardly
- cruel
- curious
- cynical

### D

- dazed
- dejected
- delighted
- demoralized
- depressed
- desire
- despair
- desperation
- determined
- disappointed

- disbelief
- discombobulated
- discomfort
- discontentment
- discouraged
- disdain
- disgruntled
- disgust
- disheartened
- dislike
- dismay
- disoriented
- dispirited
- displeasure
- distaste
- distraction
- distraught
- distress
- disturbed
- dominant
- doubt
- dread
- driven
- dumbstruck

### E

- eager
- ecstasy
- ecstatic
- elation
- embarrassment
- empathy
- enchanted
- energetic
- enjoyment
- enlightened
- ennui
- enthusiasm



# EMOTIONS LIST

- envious
- epiphany
- euphoria
- exasperated
- excitement
- expectancy

## F

- fascination
- fear
- fiero
- flakey
- focused
- fondness
- foolish
- fretful
- friendliness
- fright
- frustration
- furious

## G

- glee
- gloomy
- glumness
- gratitude
- greed
- grief
- grievous
- grouchy
- grumpy
- guilt

## H

- happiness
- hate
- hatred
- helpless
- homesick
- hope
- hopelessness

- horrified
- hospitable
- humiliation
- humility
- hurt
- hysteria

## I

- idleness
- impatient
- inadequate
- indifference
- indignant
- infatuation
- infuriated
- insecure
- insightful
- inspired
- insulted
- interest
- intrigued
- irritable
- irritated
- isolated

## J

- jealousy
- jovial
- joy
- jubilation

## K

- kind
- kinky

## L

- lazy
- liking
- loathing
- lonely
- longing

- loopy
- lost
- love
- lust

## M

- mad
- melancholy
- miserable
- miserly
- misunderstood
- mixed up
- modesty
- moody
- mortified
- motivated
- mystified

## N

- naches
- nasty
- nauseated
- negative
- neglect
- nervous
- nostalgic
- numb

## O

- obstinate
- offended
- optimistic
- outrage
- overwhelmed

## P

- panicked
- paranoid
- passion
- patience
- peaceful



# EMOTIONS LIST

- pensiveness
- perplexed
- persevering
- pessimistic
- pity
- pleased
- pleasure
- politeness
- positive
- possessive
- powerful
- powerless
- pride
- puzzled

## Q

- quiet
- quizzical

## R

- rage
- rash
- rattled
- regretful
- rejected
- rejoicing
- relaxed
- relieved
- reluctant
- remorse
- repugnance
- repulsion
- resentment
- resignation
- rested
- restlessness
- reticent
- revulsion
- ruthless

## S

- sadness
- satisfaction
- scared
- schadenfreude
- scorn
- self-caring
- self-compassionate
- self-confident
- self-conscious
- self-critical
- self-loathing
- self-motivated
- self-pity
- self-respecting
- self-understanding
- sensory pleasure
- sentimental
- serenity
- shame
- shameless
- shocked
- silly
- smug
- somber
- sorrow
- spite
- stifled
- stressed
- strong
- stubborn
- stuck
- stupid
- submissive
- suffering
- sullenness
- surprise
- suspense
- suspicious
- sympathetic

## T

- tenderness
- tension
- terror
- thankful
- thrilled
- timid
- tired
- tolerant
- torment
- trapped
- trepidation
- triumphant
- troubled
- trust

## U

- uncertain
- uncomfortable
- undermined
- understood
- uneasy
- unhappy
- unnerved
- unsettled
- unsure
- upset

## V

- valiant
- vengeful
- vicious
- vigilant
- vulnerable

## W

- weak
- woeful
- wonder
- worried



# EMOTIONS LIST

- worthless
- worthy
- wrath

## X

- xenial
- xenophile

## Y

- youthful
- yielding
- yearning

## Z

- zealous
- zen
- zesty
- zippy

